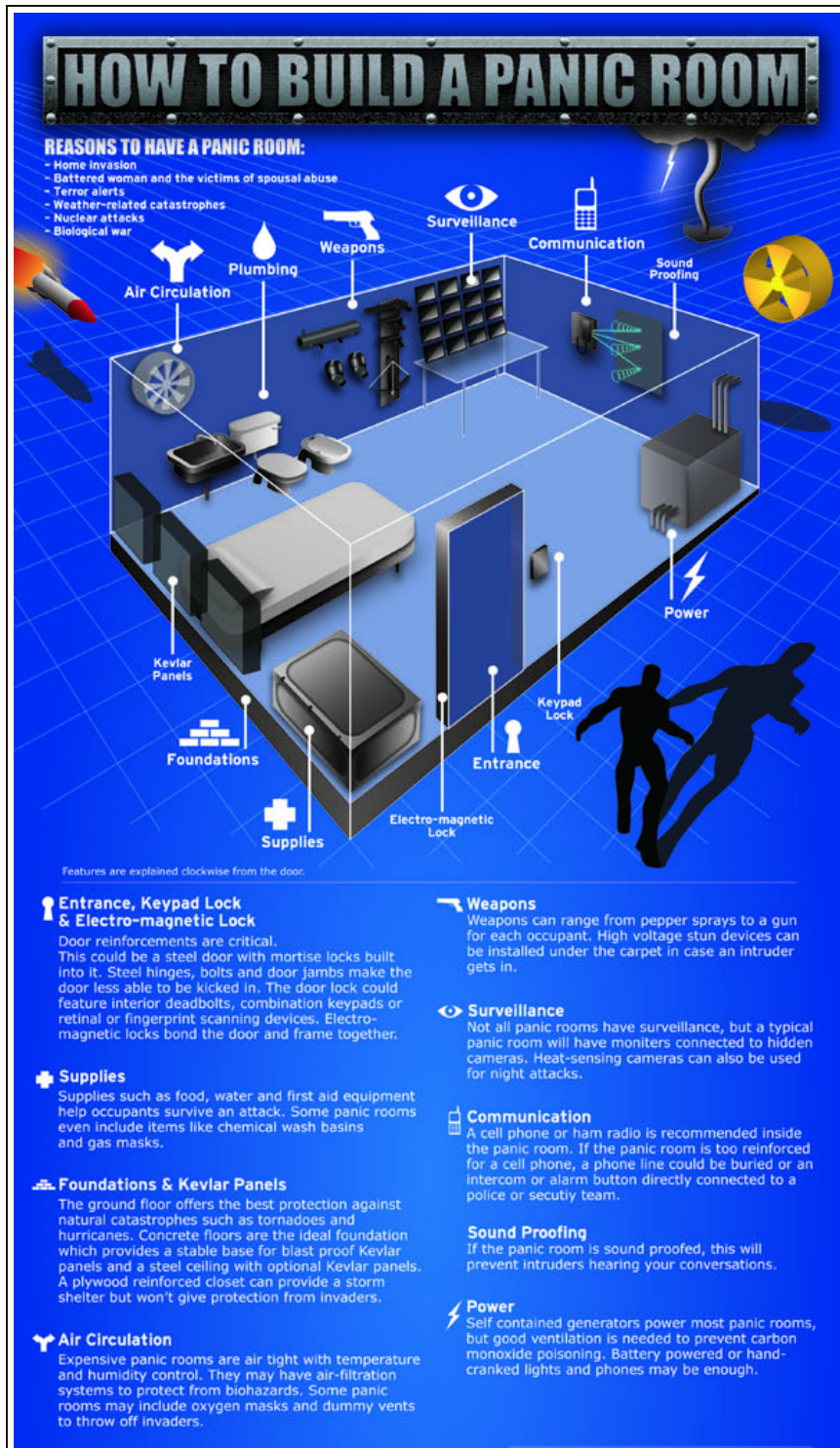




How to Build a Panic Room

posted in [HOW TO](#), [SELF SUFFICIENCY](#), [COMMENTS \(3\)](#)



Search...



Survival Spot

Like 3,538

Recommendations

Sign Up

Create an account or **Log In** to see what your friends recommend.



7 Types Of Campers | Survival Spot

9 people recommend this.



How to Handle a Police Encounter | Survival Spot

3 people recommend this.



How To Survive a Zombie Apocalypse | Survival Spot

19 people recommend this.

Facebook social plugin

SURVIVAL GEAR REVIEWS

- Maxpedition EDC Pocket Organizer
- Kelty Carport Deluxe
- Solar Joos
- Guide Gear 10x10' Teepee Tent
- Gerber Apocalypse Kit



Survival Spot



See On **Pinterest**

Plumbing

Basic plumbing is simply a portable toilet but a separate plumbing system and septic tank can be installed. A gallon of water per day is recommend for each occupant.

Panic Room Costs

Construction of a high-end panic room typically starts at \$50,000 and can reach beyond \$500,000, depending on amenities. On the low end, converting a closet orexta room into a panic room usually starts around \$3,000.

Plywood reinforcements for a closet cost about \$2,500.

Bullet-resistant electronic doors start at \$22,000

Adding bullet-resistant Kevlar, a dedicated phone line, backup generator and keyless entry to an existing room can cost \$40,000 to \$60,000.

Add another \$3,000 to \$10,000 if it's professionally designed.

Panic Room Supplies

- Non-perishable food
- Safe water supply
- First aid kit with necessary medications
- Flashlights and extra batteries
- Battery-powered radio and extra batteries
- Clothes
- Sanitation supplies
- Important documents
- Extra pair of glasses
- Blankets
- Credit cards and cash
- A roll of duct tape
- Potassium-iodine tablets (to prevent radiation sickness)

TIMELINE

1600s "Priest holes", were designed to hide Catholic priests, when persecution was at its height in England.	1920s Hidden rooms stashed Prohibition-banned booze.	1960s Fallout shelters, which were created in response to the fear of nuclear attacks.	Present Day Modern panic rooms are increasing in popularity among those desiring security in a post-Sept. 11, post-Katrina and post-Enron world.
1800s Underground Railroad, USA, when secret rooms hid escaping slaves.	1930s Safe rooms for weather protection have their origins in storm cellars (remember Dorothy in The Wizard of Oz).	1970s The modern residential panic rooms began appearing on the West Coast.	

Sources: bankrate.com, howstuffworks.com

Developed by
neal rodriguez
nealrodriguez.com

SOURCE

428



email

print

You may also like -



Self Rescue: When Staying Put to Survive Isn't an Option



Beef 101: A Guide to What 25% of Americans Eat Everyday



10 Ways to Prepare for Disaster



Square Foot Gardening: How to Get Started for \$50 (Infographic)



Real Zombie Outbreak Begins (updated)

Subscribe

Subscribe to our e-mail newsletter to receive updates.

E-mail

Submit



Related Posts:

- How to Prepare Your Child to Handle an Emergency
- 21 Blogs Sharing Techniques to Help You Talk to Your Child About Severe Weather
- Square Foot Gardening: How to Get Started for \$50 (Infographic)
- 20 ways to become more self-sufficient before 'the crunch' arrives
- Make a Secret Log Box

Loading IntenseDebate Comments...

FIND OUT MORE

[Beginners Guide to Survival](#)
[What is a Prepper?](#)
[Survival Glossary](#)
[The Survival Library](#)
[The Archives](#)
[Sitemap](#)

CUSTOMER SERVICE

[Advertising](#)
[Product Review](#)
[Privacy Policy](#)
[Disclaimer](#)

CONNECT WITH US

[Pinterest](#)
[Facebook](#)
[Twitter](#)
[Youtube](#)
[Contact Us](#)

ABOUT SURVIVAL SPOT

[About Us](#)
[Our Authors](#)
[Write For Survival Spot](#)
[Link To Us](#)



© 2013 | Survival Spot™

(adsbygoogle = window.adsbygoogle || []).push({});